

Talk 1 Outline – Invitation to Conversion (45 minutes)

Introduce Topic of Retreat (20 minutes)

- We are all here on retreat to seek God, let go of the distractions of everyday life, and encounter Christ on a new level
- Talk about our universal call to holiness (what does this mean?)
- Incorporate a Catechism reference that speaks to you about this call
- God asks for faithfulness, not perfection (talk about what this looks like in our modern lives today)

Personal Witness (15 minutes)

- What does your faith journey look like (talk about how you got where you are today)
- When did you first encounter Christ?
- How did that encounter lead you into a closer relationship with him?
- How do you strive toward sainthood?
- What struggles do you face when striving for holiness?

Closing (5 minutes)

- Invite young adults into the weekend (be open, participate, bring your brokenness, seek God out this weekend because God's pursuing you!)
- Close with an example of your favorite saint and how he/she is an example for young adults

Song Reflection (5 minutes)

- At the end of your reflection, play/sing as a group a song of your choice (this should tie in with your talk)

Discussion in Small Groups

- Why did you decide to come on this retreat? What are you hoping to gain?
- What did you connect with from the talk?
- How do you connect with Christ?
- What is difficult about keeping a strong relationship with Christ?